

Enhancing Access to Psychiatric Care Medicine and Psychiatric Medicine Collaboration Challenges

Eliot Sorel, M.D., D.L.F.A.P.A.

Vice-Chairman

Roger Peele, M.D., D.L.F.A.P.A.

Chairman

APA Access to Care Work Group

**Enhancing Access to Psychiatric Care
Medicine and Psychiatric Medicine Collaboration Challenges**

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**National Comorbidity Survey Replication
(NCS-R) 2005**

- **Lifetime prevalence and age of onset**
- **Failure and delay in initial treatment and causes related to it**
- **Prevalence, severity, and comorbidity**
- **Use of mental health services**

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Leading causes of burden of disease by country income level, 2002:

<i>High-Income countries</i>	<i>% total DALYs</i>	<i>Low- and medium-income</i>	<i>% total DALYs</i>
1 Neuropsychiatric disorders	27.3	1 Neuropsychiatric disorders	11.7
2 Cardiovascular diseases	15.4	2 Cardiovascular diseases	9.5
3 Malignant neoplasms	14.7	3 Unintentional injuries	9.1
4 Unintentional injuries	6.4	4 Perinatal conditions	7.0
5 Intentional injuries	2.7	5 Respiratory infections	6.8
6 Diabetes mellitus	2.6	6 HIV/AIDS	6.1
7 Perinatal conditions	1.2	7 Diarrhoeal diseases	4.5
8 Respiratory infections	1.2	8 Malignant neoplasms	4.2
9 Nutritional deficiencies	0.8	9 Malaria	3.4
10 HIV/AIDS	0.6	10 Intentional injuries	3.3

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Causes of Disability United States, Canada, and Western Europe, 2000:

•	Mental Illnesses	24.0%
•	Alcohol and Drug Use Disorders	12.0%
•	Alzheimer's Disease and Dementias	7.9%
•	Musculoskeletal Diseases	7.8%
•	Respiratory Diseases	6.0%
•	Cardiovascular diseases	5.0%
•	Sense organ diseases	4.5%
•	Injuries (disabling)	4.25%
•	Digestive diseases	3.5%
•	Communicable diseases	3.0%
•	Malignant neoplasms	2.9%
•	Diabetes	2.5%
•	Migraine	2.0%
•	All others	13.0%

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Lifetime Prevalence and Age of Onset

- **Almost 50% meet DSM-IV criteria in lifetime**
- **50% start by age 14 and 75% by age 24**
- **Mental health screening**
- **Early detection**
- **Intervention with focus on youth**
- **Mental Illnesses chronic diseases of the young**

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**Failure and Delay in
Initial Treatment Contact**

- **Failure to make prompt initial contact pervasive**
- **Expedited initial treatment contact likely to reduce burdens**
- **Large numbers never make contact**
 - **Substance Abuse and impulse control disorders**
- **6 – 8 year delay for mood disorders**
- **9 – 23 year for anxiety disorders**
- **Failure and delay risk factors for severity and comorbidity**

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12 Months Use of Mental Health Services

- **41.1% receive some treatment**
- **22.8% in primary care**
- **16% non-psychiatrist mental health**
- **12.3% psychiatrists**
- **8.1% human service workers**
- **6.8% complimentary and alternative care**

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**Mental Illness in Primary Care and Other
Medical Settings**

- **26% in outpatient medical clinics**
- **30% - 60% in inpatient medical settings**
- **Comorbidity with cardiovascular disorder, cerebral vascular accidents, diabetes, other**

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Conclusions

- **Mental illness burden in the United States among the highest in the world**
- **High prevalence**
- **Early age of onset**
- **Significant failure and delay in initial treatment contact with consequent**
- **Augmented severity and comorbidity**

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Conclusions, continued

- **Less than 50% of all Americans in need of mental health care receive it**
- **Only 1/3 of those receive minimally adequate care**
- **Barriers to treatment**
- **Quality of care impediments**
- **Minimal or no primary care/mental health integration**
- **Exacerbate mental illness burden**

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Collaboration Challenges

- **Ob/Gyn, Pediatrics, Primary Care, Public Health**
- **Training – Medical Students and Residents**
- **Services – Outpatient and In-Patient Integration**
- **Research – Comorbid Conditions Priority**
- **Policy and Advocacy- Nondiscrimination**

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