

## Candidates Statements.

This will be the only print copy you will receive.

These statements are on the CPA website: [www.calpsych.org](http://www.calpsych.org)

Your CPA ballot will be mailed directly to you from CPA.

Return your ballot in the return envelopes enclosed with your ballot to the CPA office: 1029 K Street, Suite 28; Sacramento, CA 95814.

## CPA President-Elect Statements



Donald M. Hilty, M.D.

Donald M. Hilty, MD

Donald M. Hilty, MD, has served California and its people since beginning residency training at California Pacific Medical Center in 1991 and working at the UC Davis Department of Psychiatry and Behavioral Sciences since 1995. Dr. Hilty's work exemplifies problem-solving and problem

prevention, using evidence bases in medicine, psychiatry, business and education.

Dr. Hilty's platform involves three main areas (please see bolded headings below). Linking the work of CPA and the APA to **members' needs** is a fundamental goal. This would continue CPA's work in enabling members to practice effectively (autonomy with decisions and practical use of computer technology) and to meet their educational needs as simply as possible (meetings and low-intensity MOC procedures). With these efforts and advocacy, psychiatrists and our organizations can continue **helping patients and families** suffering from, and disadvantaged by, stress (e.g. integrated treatment of mental disorders, facilitating life adjustments and maintaining high standards of prescribing by us). Lastly, most of this effort is founded on **fiscal stability**. He is a fiscal conservative who has experience with treasury positions. He has served as treasurer for the Central California Psychiatric Society (CCPS), the Association of Academic Psychiatry (AAP, 400+ members), and the CPA. Reserves in these organizations have increased or at least been maintained (particularly with our changing relationship to pharmaceutical funding). Financial

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Timothy Murphy, MD

The practice of psychiatry in California is at a critical juncture, with competing pressures to increase access while controlling costs. Systems for providing psychiatric care are evolving in ways which will create challenges for many of us, whether practicing in private, public or academic settings. It is essential that we work together to make sure that these changes are best for our patients, and for our ability to serve them.

CPA has been incredibly successful in protecting psychiatrists and their patients from detrimental actions by the Legislature, the Health Department and the courts. CPA has also sponsored numerous initiatives that have expanded access and protected patient rights. But we can do even more. CPA must be proactive in managing challenges involved with reform of our health care system. We can also help District Branches with member recruitment and networking, academic departments in advocating for funding, and public psychiatrists in resisting marginalization.

Under my leadership, CPA will strive to:

- Enforce state and federal parity laws, so that every patient with mental illness can receive comprehensive and appropriate treatment, with ready access to a psychiatrist.
- Resist budget cuts and reductions in remuneration that too often cause our patients to lose access to care.

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Timothy Murphy, M.D.

## CPA Treasurer Statements



William Arroyo, M.D.

William Arroyo, MD

Healthcare reform will provide us with challenges and opportunities. The expansion of healthcare coverage in 2014 will include an expansion of mental health coverage. Critical issues, which may thwart full implementation of healthcare reform, are: the U.S. Supreme Court's decision to review the Affordable Care Act next year and the shortage of psychiatrists. Despite these seemingly insurmountable stumbling blocks, many elements of the Affordable Care Act (ACA) are being instituted. The recently fully staffed state Insurance Exchange, a seminal piece of healthcare reform, will have decision-making authority regarding the health benefit package for all new health plans. The "mental health benefit" will directly affect our membership. As the premier medical organization that represents psychiatrists in California, the California Psychiatric Association must be poised to provide leadership in the implementation of healthcare reform.

In addition to healthcare reform, the proposed elimination of the State's Department of Mental Health and Alcohol and Drug Program, the realignment of public mental health to counties, the increasing release of state prisoners with mental illnesses, the re-institution of a compassionate approach to physicians with mental illness by the state, and the need to establish a state level effort with medical leadership to guide policy development as it relates to mental health and substance use interventions must remain priorities of the CPA.

We should anticipate attempts by non-medically trained mental health professionals to practice medicine by legislative fiat without having the necessary training to ensure competent care and to protect the general public. Attempts to modify medical malpractice structures (MICRA) will likely be revisited again. The medical use of marijuana and the issues related to its regulation, research and use by vulnerable populations will require our input.

The California Psychiatric Association cannot operate in a vacuum and must mobilize its membership and collaborate and cooperate with other medical and al-

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Adam Nelson, M.D.

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I am pleased to have the opportunity to run for Treasurer of the California Psychiatric Association. The importance of this office can not be understated as the survival of CPA and its ability to function as a voice of organized psychiatry in California and its representation to the APA depends on its ability to remain financially viable and strong. In trying economic times, maintaining fiscal solvency is a constant worry. This past year, we were forced to cancel one of our CPA Council meetings in Sacramento, conducting our important business via telephone instead, because of a budget shortfall we could not overcome. However, while membership dollars dwindle, the importance of our organization's role in supporting and advocating for the professional needs of psychiatrists and improving access to quality healthcare for our patients has never been more urgent. As Treasurer, I intend to thoroughly review the budgetary process from top to bottom, reassess the assumptions that go into creating our budget and into our expenditures, and bring vitality and determination to our fiscal decision-making. We need to be able to ensure that moneys are available for our organization, our staff, and our representatives to the CPA and to the APA. We need to continue our efforts to remain a strong presence in the political and legal landscape that shapes our roles as psychiatrists and as leaders in mental health care in California. I have always maintained an interest in our organization's financial planning and budgeting process. As you can see in my biographical information below, I have already served as treasurer twice in NCPS and in chapters to which I have belonged in the past. I currently manage my own portfolio of investments and retirement planning, as well as all financial aspects of my practice. I thank you for your support and I promise to do everything in my capacity as treasurer to support our organization.

Biographical Information:

**Work:** Private Practice office in Marin; Staff Psychiatrist, La Cheim Psychological Services, Oakland

**Offices Held:** NCPS: Council (2001-2012); Presi-

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## **Donald M. Hilty, MD** *(Continued from page 1)*

stability will be crucial to advocacy efforts and trying to provide services in settings devastated by the recession (and unwise cuts).

Dr. Hilty has served the CCPS, CPA and APA in several other capacities. He has done media events via television, radio and newspaper. He was President of CCPS and represented its members briefly in the APA Assembly. He has served on the CPA GA Committee. He has worked with the Scientific Program Committee for years, serving the last five years as Vice-/Acting-/Co-Chair. He has tried to innovate, but build consensus along the way.

Dr. Hilty's roles at UC Davis have provided him with a solid foundation of clinical, administrative, educational and research experience. His outpatient clinical practice is mainly for mood and anxiety disorders, though he worked in county mental health for years. He performs rural telemedicine consultations, teaching primary care physicians how to efficiently deliver care; hence, his interest in the medical setting and hope for more integrated care. His research has provided service delivery models and hope to these underserved, ethnic and rural Californians. For that reason, he was asked to lead a five-year MD/MPH program in rural health at the School and worked to start another program for the San Joaquin Valley in conjunction with UC Merced. Dr. Hilty's other roles include serving as Vice-Chair of Faculty Development in his Department and previously as vice-chair of the Committee on the Protection of Human Subjects. Dr. Hilty has authored over 100 articles, chapters, and/or books.

Dr. Hilty hopes these experiences will continue to help the CPA and he greatly appreciates the advice, mentoring, discussions and other experiences with the CCPS, other district branches, the CPA and the APA.

## **Timothy Murphy, MD** *(Continued from page 1)*

- Protect the profession of psychiatry and maintain the *quality* of psychiatric care by thwarting the persistent efforts of those who seek the legal authority to practice medicine without proper training.
- Increase the participation of psychiatrists in evolving structures for the provision of integrated care, including patient-centered “medical homes” and “Accountable Care Organizations”.

- Support residents and the psychiatrists who educate them with legislative workshops, mentoring, networking, and education about the medical systems and political environment in which they will be practicing.
- *Listen and engage* members from every region and practice setting, working towards unity in pursuit of common goals. No member should wonder about the value of CPA membership.

I am honored to be nominated to serve as CPA President, and prepared for the job. I have served twelve years on the CPA Council. I served on the Government Affairs Committee, was Chair of the Elections Committee, and am currently Chair of the Organized Psychiatry in California Committee. As a member of the APA Assembly Reorganization Committee, I vigorously represented California in our fight to preserve our delegation. For seventeen years, I have served on the San Diego Psychiatric Society Council, including terms as President, State Legislative Affairs Representative, and Regional Affairs Representative. Moreover, I have served as Chair of the San Diego County Mental Health Board, and as Chief of Staff of the Fallbrook Hospital.

For the last twenty-six years, I have served as the only full-time private-practice psychiatrist in the community of Fallbrook. I love my work, yet am intimately familiar with the frustrations of practicing in an era of managed care and HMOs.

As your President, my priority will be on serving our profession and advocating for the patients we treat. I thank you for your support – and your vote.

## **William Arroyo, MD** *(Continued from page 2)*

lied organizations e.g. CMA, APA, NAMI. The CPA must communicate with members through District Branches and other means.

I am very eager to represent you, the interests of CPA, to uphold and promote the integrity of our profession, and to ensure that our patients indeed get the best possible care as we navigate the turbulent waters of health-care reform and other challenges and opportunities.

My experience includes current posts: memberships of CPA Government Affairs Committee, CPA Child & Adolescent Committee (Chair), APA Ethics Com-

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**William Arroyo, MD** (Continued from page 3)

mittee; and former posts: memberships of CPA Nominations Committee (Chair), Southern California Psychiatric Society (President), APA SCPS Assembly representative (eight years), APA Assembly Committee Chair, APA Nominations Committee, California Academy of Child and Adolescent Psychiatry (President). My duties as a Regional Medical Director of Los Angeles County Department of Mental Health include CA Assembly Speaker-appointed membership on the CA (prison) Rehabilitation Oversight Commission, advisory group of the CA Managed Risk Medical Insurance Board, CA Commission on Juvenile Justice, and treating patients in the public sector. I am Clinical Assistant Professor at USC School of Medicine, volunteer Board member of an international health organization (AIDS Healthcare Foundation) and have had a private practice.

**Adam Nelson, MD** (Continued from page 2)

dent/President-Elect (2009-2011), Treasurer (2004-2006); Assembly Rep-alt (2010-2011); Leadership and Nominating Committee, Chair (2011-2012), member (2001-2012); Professional Education Committee, Chair (2010-2011), member (2009-2011); Budget/Finance Committee member (2006-2012); CPA: Council, member (2009-2012); Practice and Managed Care Committee, Chair (2012), member (2010-2012); **Marin Psychiatric Society:** President (2003-2010); **East Bay Psychiatric Association:** President (2001-2003), Treasurer (1999-2001); **Sacramento Psychiatric Society:** President-Elect (1995-96), Treasurer (1994-1995)

**Other Community Offices:** Marin General Hospital: Medical Records Committee-Chair; Physician Well-Being Committee-member, past Department Chair of Psychiatry, past member Hospital Medical Executive Committee

## CPA Elections!



Brenda Jensen, M.D.

Brenda Jensen, M.D., Chair, CPA Nominating Committee

In the upcoming elections the next CPA President-Elect and CPA Treasurer will be chosen. These positions are for two year terms. The CPA President-Elect will subsequently serve another two year term as CPA President. All members vote for the CPA President-Elect and Treasurer.

The CPA Nominating Committee is soliciting nominations for candidates for the Area 6 Early Career Psychiatrist (ECP) Deputy Representative and Member in Training (MIT) Deputy Representative. Only ECPs and MITs vote for their respective representatives.

Please let your District Branch Nominating Committee Member or President know if you are interested in running for one of these positions or if you would like to nominate another CPA member. Nominating Committee members include Mindy Young from NCPS, Robert McCarron from CCPS, Catherine Moore from SDPS, Robert Burchuk from SCPS and Brenda Jensen from OCPS.

We look forward to continuing the high quality of CPA leadership to further our mission of carrying out legislative, regulatory, judicial, educational, advocacy, and public affairs activities on behalf of organized psychiatry in California.

Be certain to vote to help choose your CPA leaders.