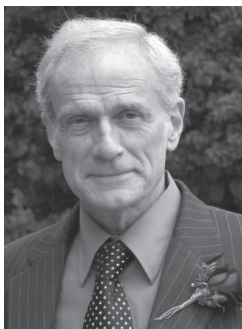


Candidates Statements. This will be the only copy you will receive. The statements are on the CPA website: www.calpsych.org

Your CPA ballot will be sent with your DB ballot but is to be returned singly to CPA in the provided envelopes. (San Diego ballots will be mailed directly from CPA.) Be certain and keep your DB ballots and the CPA ballots separated and mailed to the proper address.

CPA President-Elect Statements



Ronald C. Thurston, M.D.

Ronald C Thurston, MD

I bring the right experience and commitment to the office of President-elect.

I have served the last four years as Treasurer, working to create a solvent, coherent and pro-active professional organization. Together, we have built the team and mustered the will to meet formidable challenges, such as:

The Department of Public Health (DPH) recently proffered regulatory changes that would permit psychologists to direct overall care in hospitals. Since DPH licenses all hospitals, public and private, these changes would affect all hospitals in California.

Economic constraints and federal interventions have put severe pressure on the state to simultaneously cut cost and improve the appearance of health care in state prisons and hospitals. The state is trying to solve this problem by expanding privileges for less expensive clinicians. The California Department of Mental Health (DMH) and the California Department of Corrections and Rehabilitation (CDCR) have tried to create pilot projects, change licensing and bend regulations in order to grant new or enhanced medical responsibilities to non-physicians.

Psychologists have been eager to seize the opportunity and have separately litigated and legislated to authorize the Board of Psychology to create and regulate a practice of medicine for psychology.

California's diversion program has expired.

A Medicaid 1115 waiver--incorporating integrated care—is on the table.

We are meeting these challenges.

(Continued on page 4)

Khushro B. Unwalla MD DFAPA

Organized Psychiatry and our CPA has the responsibility to serve its individual members and enable them to practice psychiatry in the setting of their choice with the least possible interference from external forces.



Khushro B. Unwalla, M.D., DFAPA

Positions:

1. Champion for parity and access to care for all patients with Mental Illness including Substance Abuse, and Developmental Disorders and preserve and enhance reimbursement of psychiatric care. This is done by public educational campaigns, lobbying legislatures and influencing insurance companies, hospital administrators working with the state Department of Corrections and Mental Health, HMO's and physician unions like UAPD.

There is no Health Care without Mental Health Care!

2. Promote the science of psychiatry by recommending experts for the DSM task force, APA practice guidelines and editorial boards of our professional journals. Hold educational meetings and CME activities whilst avoiding conflict of interest with pharmaceutical companies. Integrate the activities of chapters, district branches and APA and provide additional resources to residents and early career psychiatrists.

3. Clearly define the parameters of scope of practice for psychiatry and its various sub-specialties and prevent encroachment by those not qualified to practice medicine. Work with allies like NAMI and CMA and support and fund our Judicial, Government Affairs, and Political Action Committees.

I am honored to be nominated for the office of President-Elect and have the credentials and motivation to represent and serve our members in California.

(Continued on page 4)

CPA Treasurer Statements



Donald M. Hilty, MD

CPA, APA and our district branches play a key role in the lives of many patients. With imminent changes

in organization and financing, we need a careful, methodical and creative treasury plan. Experience with these issues at all levels of the organization, and with the nuances of finances, is needed. I humbly ask for your vote to take these challenges on.

I have served California and its people related to the CPA since 1991. I started as a Resident Councilor of the Northern California Psychiatric Society, while training at California Pacific Medical Center. At UC Davis in 1995, I served as an Early Career Psychiatrist for the Central California Psychiatric Society, before becoming an officer. I have been President of CCPS since 2005, staying an extra term due to a geographical move by the President-Elect.

In CPA, I have served on Council representing CCPS on Council for many years. I represented California as the Deputy Assembly Representative from CCPS. Also in the APA, I have worked with the Scientific Program Committee for years, currently serving as Co-Chair for the 2010 Annual Meeting, and providing input from Californians to the Committee. I have greatly appreciated working with CPA officers, Council members, members and staff, who have taught, men-

(Continued on page 5)



Timothy Murphy, M.D.

Timothy Murphy, MD

Our organization will be confronted with dangerous challenges and exciting opportunities during the next

two years. Shrewd management of our financial resources will be essential in addressing the interests of psychiatry and the patients we treat. As Treasurer, I will work hard to make sure your dues – and your contributions to our Advocacy and Litigation Fund (ALF) – are spent wisely and efficiently. Specifically, I hope to:

- Identify ways that modern technology can improve the ways in which we communicate and interact, while at the same time spending less money to do so.
- Identify the true costs of our activities and restructure those that are not cost-effective
- Increase California's share of APA block grants to a truly equitable level
- Explore ways of increasing the profitability of our Annual Meeting
- Better inform members of the real value of their dues and ALF contributions
- Increase membership – our main source of energy, ideas – and income

I believe priorities for our organization should include: aggressively protecting our profession and our

(Continued on page 5)



Donald Sharps, M.D., DFAPA

Donald Sharps, MD
DFAPA

I am asking you to support my candidacy for CPA Treasurer.

My goals for CPA Treasurer

My goal as Treasurer is to work with CPA Council and Staff in the managing and reporting of CPA's budget. I believe reporting to CPA members should be "maximally transparent." This will enable members to better understand CPA's finances and make meaningful, financially sound decisions to enable CPA's continued representation and advocacy for psychiatrists and patients.

Who am I?

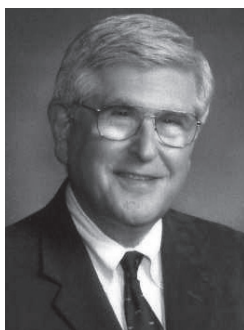
Since joining the APA in 1982, I have had many opportunities to participate in local, state, and national APA roles.

Following medical school at Ohio State and a Pediatric, Ob-Gyn, Surgical, and Medical internship, I joined the APA and started psychiatry residency at LAC-USC in 1982. In 1986, I left my private practice to serve in the Public Health Service in Micronesia where I continued as an APA General Member. In 1988, I returned to Orange County and became a very active member of OCPS. While president of OCPS from 2004 – 2006, I implemented a spreadsheet for maximum transparency of the current budget, past trends, and budget forecasting.

Currently, I am the OCPS Assembly Deputy Representative and

(Continued on page 5)

Candidates for APA Area 6 Trustee. Ballots will come from the APA.



Barton Blinder, M.D.

Barton Blinder, MD

Dear CPA Colleagues,

I am honored to be nominated for Area 6 APA Trustee. I am prepared to give my very best effort to represent Area 6 on the Board of Trustees and render my best judgement for the benefit of our members, our patients and the profession.

My personal background in *adult and child psychiatry*, *psychiatric education*, clinical research, extensive *APA organizational experience*, including special projects, *leadership activities*, and over *three decades of private practice in the community*, I believe is the extensive preparation needed to vigorously represent *all of us* in furthering and defending our practice, principles, science and profession on the APA Board of Trustees.

Positions:

Extend APA membership connection and involvement. Consider “personal” member web pages connected to both national and individual interests and organizational participation.

Continue to work for Assembly equitable representation, integration and streamlining of activities and functions and work toward possible APA organizational restructuring.

Encourage the DSM V product to represent symptom and dimensional aspects of psychiatric disorders and to reflect diagnostic concerns of daily practice.

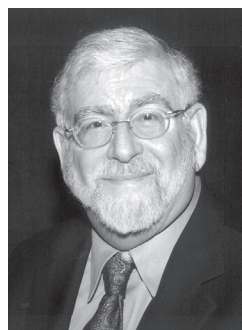
Work toward a productive relationship with Pharma that promotes research for new products and creates a mutually respectful relationship with our profession.

Encourage cooperation with APA for public education and prevention rather than direct marketing of medications to the public.

Encourage access to care at all levels of practice. Work toward full parity, elimination of formulary restrictions and the encouraging creative models of integration with primary care.

Education:

(Continued on page 6)



Marc Graff, M.D.

Marc Graff, MD

I am running for the Board of Trustees, and I need your support to win this election. I want to tell you about myself, my record, and then discuss why you should vote for me, and what I plan to do if elected.

As some of you know, I am the son of a psychiatrist—Norman Graff, MD, who served as NCPS President and Assembly Representative. I grew up listening to discussions of NCPS and APA politics. My son works for the Conard Foundation in San Francisco, working as a senior case manager for the homeless mentally ill.

I attended University of California (Berkeley), the University of Chicago medical school, the University of Rochester for internship and residency, taught at the University of Pittsburgh, was a Graduate Fellow in Policy Analysis at the RAND Corporation, and then joined Kaiser Permanente. I see adult and geriatric patients, doing outpatient work and emergency room consultation.

I became active in APA in 1984 after wondering where my dues money was going. I became involved in SCPS Public Affairs and worked my way up the ladder—SCPS Council, Secretary, President, Assembly Representative, then CPA office—Treasurer (two terms), then President. At APA I was active in Public Affairs, ultimately becoming Chair of the Joint Commission on Public Affairs where I served as an official spokesperson for APA and gave hundreds of interviews. I also have served on the Scientific Program Committee and I continue as a member of the Committee on Electronic Health Records. I am an Alternate Delegate to CMA, co-built the CPA web site, edited the *Southern California Psychiatrist* and serve on the Editorial Committee of the *California Psychiatrist* and *The Action Paper*, the newsletter of the Assembly of the APA. I have received the Warren Williams Award for government affairs, awarded jointly by the APA and the CPA.

If you elect me, I will advocate for the interests of California psychiatrists. California is on the cutting edge of

(Continued on page 6)

Khushro Unwalla, MD (Continued from page 1)

Biographical Sketch:

Current:

APA Assembly and CPA Council; 1998-2010
Rep. Caucus of International Medical Graduates
(IMG's)
Committee of Minority and Under-Represented
(M/UR) Group (Past Chair)
Assembly Awards Committee, Nominating
Committee & Reference Committee#1
San Bernardino County Medical Society: Legislative
Commission Member.

Previous:

Assembly: Executive Committee (AEC), Committee
on Planning (ACOM)
Early Career Psychiatrists (ECP), Member-in-
Training (MIT) Committees
CPA: Government Affairs.
Inland Region Southern California Psychiatric
Society: President

Past APA Appointments:

Committee on Treatment of Ethnic Minority
Elderly
Committee on Reimbursement of Psychiatric Care
Committee of International Medical Graduates
APA/SAMSHA Fellowship Selection and Advisory
Committee
APA Nominating Committee
Committee on Religion, Spirituality and Psychiatry
Work group on Physician Assisted Suicide

Professional Activities:

Arrowhead Regional Medical Center;
Vice-Chair and Co-Director of Residency Training
in Psychiatry.
Continuing Medical Education (CME) Committee-
Chair; Osteopathic Medical Education Committee
(OMEC); Institutional Review Board (IRB)
Loma Linda University School of Medicine;
Assistant Clinical Professor
Western University of Health Sciences; Associate
Clinical Professor
Touro University; Adjunct Assistant Professor
American Board of Psychiatry and Neurology-Step2:
Ad Hoc Examiner

Personal:

After my medical school at Kasturba Medical in
Manipal, I trained in Acupuncture and Holistic
Medicine and incorporated it in my general practice
in India. I subsequently completed my residency in

Psychiatry at Loma Linda University and am a regular
presenter at national and international psychiatric
meetings. I have been married over twenty-five years
and have two lovely children.

E-mail:Unwallak@pol.net.

Disclosures:

Speakers Bureau: Lilly USA, Wyeth/Pfizer

Ronald Thurston, MD (Continued from page 1)

Numerous bills are introduced every year that affect
patient care. We are there to oppose the worst and to
work for the best. We work with the Legislature and
state agencies to develop sound health care policies.

I have served on the Government Affairs Committee
since the late twentieth century—my first engagement
with CPA. I have been Chair since 2008. The GA
Committee is at the heart of our organization. We re-
ceive the wisdom of our staff and direct their work with
legislators and allies, and we develop recommendations
for Council. We track dozens of bills every year.

I have been your representative on the California Med-
ical Association's Council on Legislation since 2002,
adding psychiatry's voice to CMA legislative policy.

I am a long-time member of our Political Action Com-
mittee and Chair since 2003. We support intelligent
and informed candidates for the Legislature.

I was Chair of our delegation to the Specialty Delega-
tion of the CMA House of Delegates from 1998 to
2009. The Specialty Delegation is comprised of rep-
resentatives from specialty organizations. It gives us
valuable insights and connections, and a unique voice
in the policy-making branch of CMA.

I have served as a district branch president--twice--and
as Assembly Representative. I understand the histo-
ry and loyalties that have flowed into CPA, our great
statewide union.

Meanwhile, I have been active in CMA and my local
Ventura County Medical Association. I was President
in 2008. In 2009, I was elected to the CMA Board of
Trustees for District V (Ventura, Santa Barbara, San
Luis Obispo Counties). The Board directs the organi-
zation and implements policy as passed by the House
of Delegates.

I need your support—and vote--to continue the work.
thurstonrc@dock.net

Donald M. Hilty, MD *(Continued from page 2)*

tored and supported me both professionally and personally. In the past, I testified many times at the legislature and have done 30+ interviews via television, radio and newspaper media for public affairs.

My work at UC Davis since 1995 involves outpatients with mood and anxiety disorders. I established a telepsychiatry service for rural primary care patients, teaching primary care physicians how to efficiently deliver care. I research service delivery models provided by telemedicine to help underserved, ethnic and rural Californians. I direct the Rural-PRIME, a 5-year MD/MPH rural medical education program, which is training students and linking more sites with telepsychiatry. Collaborating with many fine colleagues, I have authored over 100 articles, chapters, and books.

I would describe myself as a fiscal conservative who has experience with treasury positions. I have served as treasurer for CCPS in 2002-04 and reserves grew by 50% during my term, thanks to hard work and dedication by our team of officers. I have also served as treasurer for the Association of Academic Psychiatry (AAP, 400 members), a leading national psychiatric education organization. The AAP reserves also grew during my term by 50% from 2000-02 and the Annual Meeting grew from 100 to 150 attendees.

My plans for CPA Treasurer include, but are not limited to, the following:

- To reduce spending
- To evaluate the organization's funding and continue to prioritize spending
- To advise CPA Council on ways to maximize individual and group benefits to membership, in order to raise "grass root" money
- To find small, but creative options to raise income, and maximize the number to have an overall impact
- To solicit ideas from other successful state or district branches

Timothy Murphy, MD *(Continued from page 2)*

patients from those who endeavor to practice medicine without an adequate education; access for all Californians to quality mental health services; and improved integration of mental health care with the rest of medicine. As the nation moves forward with reform of its health care system, it is essential that psychiatrists be

partners with other physicians on the medical team.

I studied medicine and (after 3 years in the USAF as a general practitioner) psychiatry, at Dartmouth Medical School. In 1986, I moved to Fallbrook, California, where I have served as the community's only full-time psychiatrist for over 22 years. In addition to my private practice, I perform consult-liaison services at Fallbrook Hospital and its skilled nursing facility. For the last six years, I have been the Assembly Representative for the San Diego Psychiatric Society. Past positions have included Chief of Staff, Fallbrook Hospital; Chair, San Diego County Mental Health Board; President, SDPS. I have also served as SDPS Regional Affairs Representative, State Legislative Affairs Rep, and member of CPA's Government Affairs Committee. Memberships include CMA, AMA, and NAMI.

Donald Sharps, MD *(Continued from page 2)*

serve on the OCPS Government Affairs Committee. Within the CPA, I co-chair the Public Psychiatry Subcommittee, am a member of the CPA Government Affairs Committee and attend CPA Council Meetings. Nationally, I attend APA Assembly meetings and participate in APA Advocacy Day.

Recognitions I have received include APA Distinguished Fellow election in 2003, the APA Bruno Lima Award for New Orleans disaster-relief work after Hurricane Katrina in 2007, and the Ed Rudin CPA Government Affairs Award in 2009.

In addition to roles within APA, I am an Associate Medical Director for the County of Orange and an Assistant Clinical Professor at UC Irvine.

Budget Needs

Of my APA dues in 2010, \$565 will go to the APA, \$325 to OCPS and \$353 (28%) to CPA. The total dues per month are only \$104, which is less than the amount I send my homeowner association!

I am awed that so much is achieved with that \$104, however, maximum transparency is important for members to see that their \$29 / mo CPA dues continues to be effective in addressing issues such as: psychologists practicing medicine, parity for mental illness, access standards for Mental Health care, and oversight of funding for MHSA money.

Additionally, in these challenging economic times, it

(Continued on page 6)

Donald Sharps, MD (Continued from page 5)

will be important to consider new methods of revenue generation and cost minimization.

Addressing the Need

Maximally transparent CPA budget reporting the current status AND past trends.

Increase revenue from non-pharma sources.

Increase membership of underrepresented public sector psychiatrists.

Inform non-member psychiatrists of the graduated dues for the APA and DBs.

Provide reminders to psychiatrists who lapse in their dues about automated monthly payments.

Work with all of five District Branches as well as the CPA council to build on previous accomplishments.

Thank you for your consideration.

Marc Graff, MD (Continued from page 3)

many issues—be they social, political or financial. Too often we are marginalized by other APA concerns.

I will work to assure that APA remains vigorous in the federal health care debate, and continues to take an active role in executive, regulatory, legislative and judicial matters. We need to lead—not just sit at the table. I have been invited to the White House, met individually with senior officials of Office of Management and Budget and Medicare, and lobbied on dozens of occasions. I know how to talk with those who make decisions that affect our professional and economic lives.

I will work to ensure the fiscal strength of APA. These are difficult times, and choosing how we relate to the pharmaceutical industry—the source of much of our funding—while still paying attention to the needs of our own members, is important.

Finally, I will continue my advocacy of diversity and inclusiveness in APA governance. I look forward to continue to build pride in being a psychiatrist and member of APA.

Barton Blinder, MD (Continued from page 3)

- University of Pennsylvania B.A. [Psychology]
- University of Pennsylvania School of Medicine M.D.
- Hospital of the University of Pennsylvania Adult Psychiatry

- The Philadelphia Child Guidance Clinic [Univ Penna] Child Psychiatry
- Southern California Psychoanalytic Institute [now New Center for Psychoanalysis Los Angeles] PhD Adult and Child Psychoanalysis

Background:

Leadership- *Past President* of these organizations:

- (APA) O.C. Psychiatric Society
- (AACAP) Southern California Society of Child and Adolescent Psychiatry
- (UCI) – The Association of Voluntary Clinical Faculty, School of Medicine, University of California, Irvine and-----Chairman Department of Psychiatry, Hoag Memorial Hospital

Appointments:

- Clinical Professor, Department of Psychiatry, University of California, Irvine
- Visiting Professor, Dept. of Psychiatry, USC
- Senior Faculty, New Center for Psychoanalysis, LA

Membership:

- Distinguished Life Fellow, Am Psychiatric Assoc. [APA]
- Distinguished Life fellow, Am Acad Child and Adol Psychiatry [AACAP]
- Active Member, Am.Psychoanalytic Assoc [APsA]
- Fellow, Am Acad Eating Disorders [AED]

APA Experience:

- Steering Committee on Practice Guidelines (APA)
- Commission on Psychotherapy in Psychiatry (APA)
- Scientific Programs Committee[APA]
- Chair Ad Hoc Committee Managed Care (Assembly)
- Chair: Reference Committee-Scientific Basis Of Profession (Assembly)
- Membership Committee (APA)
- Council on Children and Families (APA)
- Chair, APA Caucus Psychiatrists treating Eating Disorders

Awards:

- OC Mental Health Assoc. Award for Outstanding Contribution to Community, Orange County, 2005
- University of California, Irvine: Outstanding Contribution to Clinical Faculty School of Medicine 2006, Department of Psychiatry, Teacher of the Year, 2004
- CPA/APA- 2009 Warren Williams Award : Outstanding Contributions to the Profession
- CPA-2009 Presidents Award: Founding and Chairing CPA Annual Meetings

Candidates for MIT (Member in Training) Deputy Representative and ECP (Early Career Psychiatrists) Deputy Representative will be elected this Spring. If you are interested please contact your local District Branch or the CPA Office at 800-772-4271. Ballots will go out April 1st of 2010.

Calling Early Career Psychiatrists and Graduating Residents in Area 6

- Do you have thoughts on how the APA can better serve Early Career Psychiatrists?
- Do you know how the APA can better serve patients with mental illness?
- Are you concerned about parity, psychologists prescribing, or the future of psychiatry?

You *can* make a difference locally and nationally.

CPA is currently accepting nominations for the Area 6 Deputy Representative to the CPA Council and the APA Committee of Early Career Psychiatrists (ECP).

Who is eligible? Every ECP member from Area 6 - ECP is a psychiatrist in the first seven years after becoming eligible to be a general member. Eligibility begins after completion of residency training. Interested psychiatrists must be members of District Branches in Area 6 and meet the definition of ECP for their four years serving as Area 6 ECP Deputy Representative and Representative. Thus, only psychiatrists who have completed their training in the last three years are eligible for this position.

Membership in the California Medical Association (CMA) is definitely a plus because you will then serve as the CPA representative to the Young Physician section of the CMA.

Description of Position: The Area 6 ECP Deputy Representative position is two years with advancement to Area 6 ECP Representative for two years, for a total of four years. Members of the APA ECP Committee are expected to participate in monthly evening conference calls as well as travel to 3-4 meetings a year as members of the APA Assembly and the Area 6 CPA Council.

The position also requires liaison activities with ECP representatives in the district branches of Area 6 as well as other components and committees of the APA. The term for this position starts at the end of the APA's an-

(Continued on page 8)

Calling Members in Training

The California Psychiatric Association is now accepting applications for the position of Member-In-Training Deputy Representative. This is a one year position that is automatically followed by another one year term as MIT Representative. It has been my honor to serve in these capacities for the last year and a half, and it is an opportunity that I highly recommend for anyone who has an interest in working with fellow psychiatrists to promote and advance the treatment of mental illness on a state and national level.

As an MIT Deputy Representative and MIT Representative, you are the voice of residents in the state of California at both the California Psychiatric Association Council meetings and American Psychiatric Assembly meetings. The CPA meetings occur three times a year at locations around the state and last for one day each. These meetings are an opportunity for psychiatrists in the five district branches of California to gather together and discuss state mental health issues in areas such as governmental affairs, advocacy, education, and public affairs.

The MIT Deputy Representative and MIT Representative positions also offer an opportunity to attend national American Psychiatric Association Assembly meetings. The Assembly meetings occur on a biannual basis. The first meeting occurs in early November in Washington DC and the second meeting occurs at the beginning of the APA Annual Meeting in May. The Assembly is essentially the legislative body of the APA, thus the meetings provide an opportunity to learn about and vote on measures submitted by psychiatrists to address a variety of areas in mental health. During these meeting you also have the opportunity to meet with other resident representatives from across the country to address and advocate for the unique concerns of psychiatrists in training.

Finally, as both Deputy MIT Representative and MIT Representative, you participate in monthly conference calls with MIT Dep-Reps and MIT Reps from across

(Continued on page 8)

Calling ECP... *(Continued from page 7)*

nual meeting in May.

Interested applicants should forward to the address below a (1) Curriculum Vitae, (2) letter of interest, and a (3) letter of recommendation from any officer of your local district branch of the APA. The Area 6 Council will review all applications at their meeting in March. The individual selected for the position will be notified shortly after this meeting.

Deadline for receiving materials is February 12, 2010

Send application materials to:

California Psychiatric Association
1029 K Street, Suite 28
Sacramento, CA 95814
Fax: (916) 442-6515

Please, feel free to contact Lila Schmall by email at the CPA office Lila-schmall@calpsych.org or by phone at 800-772-4271 with any questions.

MIT letter *(Continued from page 7)*

the country. These conference calls provide a chance to discuss a variety of issues with resident colleagues who you have gotten to know at the APA meetings.

The experiences which these positions provide are truly incredible. They have helped me to grow as a clinician, leader and person and given me the opportunity to work with remarkable individuals dedicated to improving mental healthcare. As an extra bonus, all of these experiences have been truly enjoyable. I strongly encourage you to consider running for this position. Please refer to the President's Letter for specifics on how to submit your application.

If you have any questions about these positions, please do not hesitate to contact myself or Steve Koh, the MIT Deputy Representative.

Thank you,

Gina Gajdos
MIT Representative
for California
ggajdos@uci.edu

Steve Koh
MIT Deputy Representative
for California
sskoh@ucsd.edu

If you are interested in running for **Member in Training Deputy Representative** please submit your application with all of the requested documents to your District Branch office **before or no later than February 12, 2010**

The application will consist of three items:

- a. a one-page statement of interest and commitment
- b. a current Curriculum Vitae
- c. a letter of support from his/her training director, saying that if elected, the resident will be able to serve.

Each District Branch Executive Committee or Council will then select their one or two best candidates and forward the applications to the Area 6 Elections Committee no later than March 15 , 2010 A District Branch with an unusually large number of qualified applicants may petition to forward more than two candidates.

The term of office as deputy representative will be from May 22, 2010 to May of 2011. You are expected to then serve one additional year as the representative. The representative term will be from May 2011 to May 2012 **so you need to have two years of training or fellowship to complete after May of 2010.**

If you have additional questions, call the CPA office at: 1-800-772-4271. You can find more information about the APA Assembly Committee of Members in Training (ACOM) http://www.psych.org/edu/res_fellows/rf/acom/acomhome.cfm